

## TBI: ADULT POPULATIONS

Traumatic Brain Injury is often misunderstood and under-recognized. This training helps educate individuals about the seriousness and signs to look for when diagnosing those affected. Can be tailored to your audience.

## ELDER ABUSE: ADULT POPULATIONS

Addresses and explores elder abuse while also dispelling myths surrounding the topic. Can be tailored to your audience.

## LGBTQ+ AND INTERPERSONAL VIOLENCE: 7TH GRADE - ADULTS

Discusses and explores the intricacies of interpersonal violence within the LGBTQ+ community and the unique barriers and hurdles this population faces. Can be tailored to your audience.

## SEXUAL ASSAULT (TITLE IX): COLLEGE/UNIVERSITY AND ADULT POPULATIONS

Addressing Sexual Assault and the Title IX process for post-secondary institutions. Can be tailored to your program/institution.

## SEXUAL VIOLENCE: 7TH GRADE - ADULTS

Addressing Sexual Violence, signs, myths and misconceptions, and resources. Can be tailored to your audience.

## INTERPERSONAL VIOLENCE: 7TH GRADE - ADULTS

Addressing Interpersonal Violence, signs, myths and misconceptions, and resources. Can be tailored to your audience.

## DOMESTIC VIOLENCE: 7TH GRADE - ADULTS

Addressing Domestic Violence, signs, myths and misconceptions, and resources. Can be tailored to your audience.

## REQUEST A TRAINING

To request a training, please contact:  
[prevention@ariselc.org](mailto:prevention@ariselc.org)  
724-652-9206

## NOT SEEING WHAT YOU NEED?

Most of the trainings listed can be tailored to fit your needs. Additional trainings can be created that fall under the umbrellas of Domestic Violence, Sexual Assault, & Other Crimes.



OUR COMMUNITY'S RESPONSE TO VIOLENCE AND ABUSE

24-Hour Hotline: 724-652-9036

[www.ariselc.org](http://www.ariselc.org)



Arise



@arise\_lc



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# ARISE PREVENTION EDUCATION TRAINING MENU

Together, we can end all forms of violence and abuse.



# ARISE

## WHAT IS PREVENTION EDUCATION?

Prevention education refers to comprehensive education that is focused on addressing the root causes of interpersonal violence, sexual assault, relationship violence, and stalking.

## WHY IS PREVENTION EDUCATION IMPORTANT?

Prevention strategies address the way individual, relationship, community, and societal factors impact interpersonal violence and aim to prevent violence before it occurs.



## ARISE PREVENTION EDUCATION TRAINING LIST:

### SAFE DATES: 8TH-12TH GRADE

This evidence-based program helps teens recognize the difference between caring, supportive relationships and controlling, manipulative, or abusive relationships.

### THE FOURTH R: 7TH-12TH GRADE

An interactive classroom curriculum that aims to reduce youth dating violence by addressing youth violence and bullying, unsafe sexual behavior, and substance abuse.

### CARE FOR KIDS: PRE-K-8TH GRADE

A comprehensive community approach to fostering healthy sexual development in early childhood. This curriculum includes age-appropriate activities and messages that enhance the development of children's self-esteem, respect for self and others, rewarding human relationships, and the avoidance of sexual coercion.

### I AM LITTLE RED: 6TH-8TH GRADE

I am Little Red is a primary prevention tool aimed at reducing the risk of commercial sexual exploitation among children.

### TECHNOLOGY SAFETY: ALL AGES

Explores how individuals can be safe online. Includes best practices for children, teens, and adults. Also includes advice for parents on how to have conversations about safe online practices. Can be tailored to your audience.

### HUMAN TRAFFICKING: ALL AGES

This training explores and discusses human trafficking, as well as dispels myths and misconceptions surrounding the topic. Can be tailored to your audience.

### PARENTS IN THE KNOW: PARENTS/GUARDIANS/CAREGIVERS

A practice-based child sexual abuse program to build skills in parents/guardians/caregivers to protect children and promote safe and healthy relationships.

### RESPECT AT WORK: ALLIED PROFESSIONALS & COMMUNITY PARTNERS

Respect at Work addresses sexual harassment in the workplace and how to combat it. This curriculum relies heavily on scenarios and participation to practice strategies learned.

### MONIQUE BURR CHILD SAFETY/TEEN SAFETY/AFTER SCHOOL SAFETY MATTERS: K-12TH GRADE

Evidence-based and evidence-informed prevention education programs to educate and protect children and teens from all types of bullying, abuse, and victimization.

### STRANGULATION: ADULT POPULATIONS

This training discusses the intricacies of strangulation, the importance of knowing the signs and symptoms, as well as addressing myths and misconceptions surrounding the topic. Can be tailored to your audience.

### BRINGING IN THE BYSTANDER: COLLEGE/UNIVERSITY AND ADULT POPULATIONS

An evidence-based bystander intervention program that focuses on a community responsibility approach versus focusing strictly on the roles of perpetrator and victim.

### TRAUMA INFORMED CARE: ADULT POPULATIONS, COMMUNITY PARTNERS, AND ALLIED PROFESSIONALS

Presentations geared towards law enforcement, social workers, first responders, community members, and individuals who work with youth populations, to be better equipped with trauma informed care practices.

